



# **The Great Book of Teaching Methods**

**For Academic Teachers**

**Edited by Alina Guzik**

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# About the Inspire Edu Project

This book was created as part of the *Inspire Edu – Modern Teaching Methods for Higher Education* project, funded by NAWA under the Strategic Partnerships programme. It is the result of collaboration between three institutions: Gdańsk University of Technology (Poland), the University of Sussex (England), and Hochschule Niederrhein University of Applied Sciences (Germany). Our aim was to bring together different perspectives, experiences and approaches to teaching in order to create a resource that is easy and practical for teachers to use. The publication was developed through the work of the project team as well as a wide group of experienced educators who work with students on a daily basis and apply modern teaching methods in their classes. A full list of authors can be found at the end of the book.



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# Foreword

We designed this book as a resource to support teaching practice, which can be used flexibly – for example, when preparing classes, during the semester, or at moments when there is a need for change or new solutions. It can be read in full or used selectively by choosing individual methods and adapting them to your own needs, teaching style, and the specific nature of your group. We believe that even a small change in the structure of a class, a well-designed activity, or simply a different way of asking a question can significantly influence the level of student engagement.

The publication is divided into several parts. It begins with a collection of short essays that outline the key aspects of contemporary teaching and highlight the key challenges faced by academics today. The next part consists of eight chapters inspired by the European Qualifications Framework and an outcome-based approach. Each chapter focuses on a different dimension of student development and presents methods that support its achievement.

Each chapter follows a similar structure – it begins with methods and then presents specific techniques that help engage students during classes. All methods are described using the same clear and consistent format, complemented by a coherent infographic. This structure makes it easy to navigate the methods discussed and enables comparison between different approaches. The adopted format was developed during workshops with educators, where we tested various ways of presenting methods and selected the one that best supports their practical application. The publication concludes with a chapter on assessment, which presents approaches to evaluating learning outcomes in a changing educational landscape.

The methods included in this book have been selected and described based on our experience. The inspiration for this publication came from situations familiar to many teachers, such as silence in the classroom, lack of engagement, and breakthrough moments that bring a sense of purpose to teaching. The examples are mainly drawn from the fields of management and economics; however, the approaches proposed are universal and can easily be adapted to other disciplines.